

# ONALASKA PARK AND RECREATION DEPARTMENT FALL YOUTH VOLLEYBALL PROGRAMS -2020

Registration opens on-line Thursday, Aug. 20 at 8am. Register online at:  
<https://apm.activecommunities.com/onalaskaparkrec/>

**VOLUNTEER COACHES NEEDED FOR ALL PROGRAMS!!!**

## **5<sup>TH</sup> AND 6<sup>TH</sup> GRADE VOLLEYBALL**



With the unknown future status of the COVID-19 pandemic, the Onalaska Park and Recreation Department has decided to change the 5<sup>th</sup> and 6<sup>th</sup> grade volleyball program from a traveling league program to a more in-house instructional program. This is in hopes of reducing contact between players. Skill and drill work will be done and small group scrimmages may occur as the season progresses. The traveling league that the program has played with in the past with Lax BGC, Holmen, West Salem, St. Pats, etc, has been cancelled and will not be run this fall. This program will be held on Tuesdays and Thursdays. Limit of 24 players. **VOLUNTEER COACHES NEEDED TO RUN PROGRAM!**

**1<sup>st</sup> Practice** – Tuesday, Sept. 8, all 5<sup>th</sup> and 6<sup>th</sup> Graders 7:00 - 7:50pm inside Omni Center

**2<sup>nd</sup> Practice** – Thursday, Sept. 10, all 5<sup>th</sup> and 6<sup>th</sup> Graders 7:00 - 7:50pm inside Omni Center

**Preliminary End of Program:** Oct. 13th

**Fee:** Residents \$40.00; Non-Residents \$50.00

**Registration Deadline:** Tues. Sept. 1



## **3<sup>RD</sup> AND 4<sup>TH</sup> GRADE "SPIKERS" VOLLEYBALL**

The program is available for kids going into 3<sup>rd</sup> and 4<sup>th</sup> grade this fall. In light of the COVID-19 pandemic, the program will be a small group instructional program that meets on Tuesdays and Thursdays. Parents will sign up their player in one of two sessions: Tuesdays and Thursdays 5:00-5:45pm or Tuesdays and Thursdays 6:00-6:45pm. Sessions will be limited to 20 players, who will be divided into 2 smaller groups of players prior to the first practice. Skill and drill work will be done and small group scrimmages may occur as the season progresses. There is no league play with West Salem or Lax BGC as has been done in the past. **VOLUNTEER COACHES NEEDED TO RUN PROGRAM!!!**

**1<sup>st</sup> Practice** – Session 1: Tues. Sept. 8, 5:00pm – 5:45pm in the Omni Center  
Session 2: Tues. Sept. 8, 6:00pm – 6:45pm in the Omni Center

**2<sup>nd</sup> Practice** – Session 1: Thurs. Sept. 10, 5:00pm – 5:45pm in the Omni Center  
Session 2: Thurs. Sept. 10, 6:00pm – 6:45pm in the Omni Center

**Preliminary End of Season:** Thursday, Oct. 13th

**Fee:** Residents \$40.00; Non-Residents \$50.00

**Registration Deadline:** Tues. Sept. 1



**If you're a parent interested in coaching, but need more information, please call 781-9560.**